

Aly Raisman is one of the most accomplished American gymnasts of all-time. A two-time Olympian and team captain of the 2012 and 2016 gold medal Women's Gymnastics teams, Raisman has captured six Olympic and four World Championship medals over the course of her decorated career. One of only three U.S. gymnasts to make back-to-back Olympic teams in more than 20 years, Raisman was the most decorated U.S. gymnast and the first American to win gold in the floor exercise at the 2012 Games and helped guide the team to gold while also winning an individual silver medal in the all-around at the 2016 Games. A leader on and off the floor, Raisman uses her platform to advocate for abuse prevention and education, help normalize the conversation around mental health, and encourage body positivity and the importance of self-care. Inspired by an army of survivors, Raisman's New York Times best-selling memoir, *Fierce*, captures the highs and lows of her journey, including her survival of sexual abuse. She is an ambassador for Darkness to Light, the leading non-profit focused on child sexual abuse prevention and education and partnered with the organization to create the #FlipTheSwitch initiative, which provides all adults involved in youth sports free access to the nation's leading training curriculum, Stewards of Children®. In addition, Raisman's advocacy has helped support the Monique Burr Foundation, Barbara Sinatra Children's Center, and KidsSafe Foundation among others.